



The Rise of Egyptian Squash A Sport's Success Story

By: Omar ElBorolossy

Outline

Speaker

History

Rise

Dominance

Reasons

Junior Development in Egypt

ElBorolossy Squash Academy Technical Program

Speaker

- **WSF Certified Coach and Tutor**
- **Former Egyptian National Coach**
- **Founder of ElBorolossy Squash Academy**
- **3x Egyptian National Men Champion**
- **2x World Team Champion**
- **Top 20 PSA Player from 1996 to 2004**

History

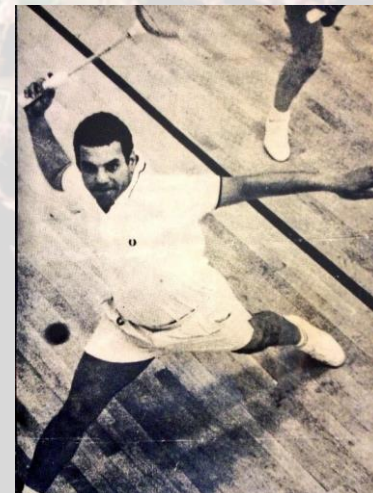
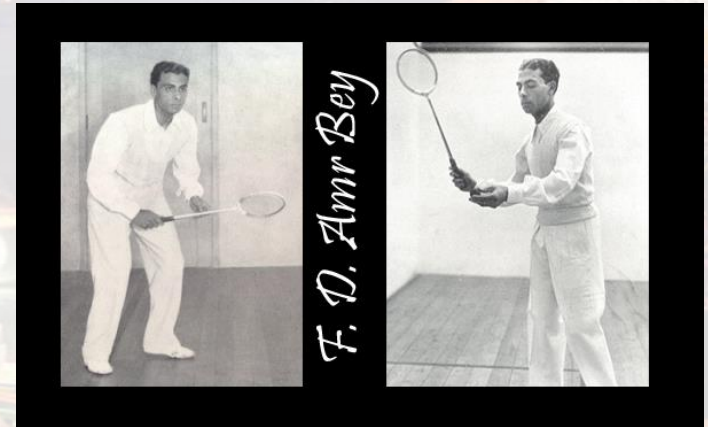


- Introduction of squash in Egypt and the launch of the Egyptian Squash Federation

- The Pioneers:

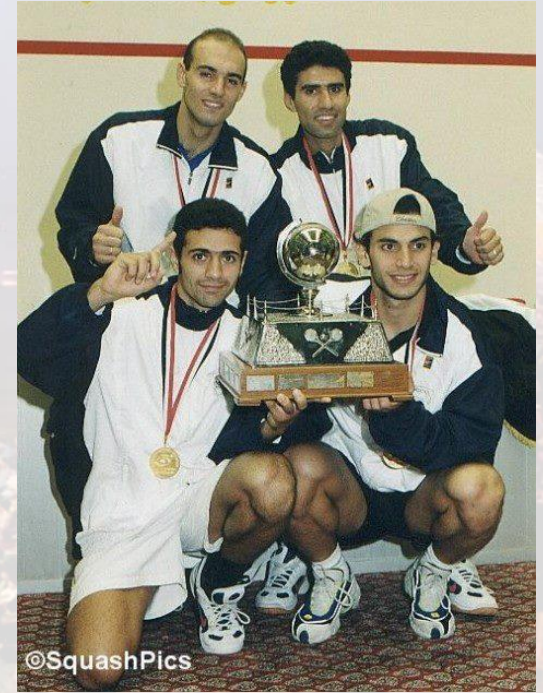
British Open Champions:

- Abdelfattah Amr (1932-1937)
- Mahmoud AbdelKarim (1947-1950)
- Abdelfattah Abutaleb (1964-1966)



Rise

- Coach Abdel Wahid And Dr. Samiha
- World Junior Men 1994 (New Zealand)
- World Teams 1999 (Cairo)
- World Junior Women 2003 (Cairo)
- World Women Teams 2008 (Cairo)



Rise (Cont.)

- **Al Ahram Tournaments**



Rise (Cont.)

- **Political Influence**
- **Egyptian Media Coverage**



Dominance

- **PSA Ranking: (50% of Top 10 PSA players)**
 - **Men:** 6 out of Top 10. Including all Top 4
 - **Women:** 4 out of Top 10. Including all Top 3
- **Egyptian Team: (23 World Teams Titles)**
 - 4 Men Titles
 - 4 Women Titles
 - 6 Junior Men Titles
 - 9 Junior Women Titles



Dominance (Cont.)

- **Top Juniors: (27 World individual Junior Titles)**

- **Boys: 10 World Junior Champions:**

Ahmed Barada, Ahmed Faizy, Karim Darwish, Ramy Ashour, Mohamed El Shorbagy, Amr Khaled, Marwan ElShorbagy, Karim El Hamamy, Marwan Tarek, Mostafa Asal

- **Girls: 8 World Junior Champions:**

Omneya Abd Elkawy, Raneem ElWelely, Nour El Sherbiny, Nour ElTayeb, Habiba Mohamed, Nouran Gohar, Rawan El Araby, Hania El Hamamy



Dominance (Cont.)

- **Top Professionals: (8 World #1's, 8 World Champions)**
 - **Amr Shabana:** Former World #1 and 4x World champion.
 - **Karim Darwish:** Former World #1
 - **Ramy Ashour:** Former World #1 and 3x World champion
 - **Karim AbdelGawad:** Former World #1 and World Champion
 - **Mohammed ElShorbagy:** Former World #1 and World Champion
 - **Ali Farag:** Current World #1 and World Champion
 - **Tarek Moemen:** Current World #3 and World Champion



Dominance (Cont.)

- **Raneem El Welily:**
Current World #1 and
and World Champion
- **Nour El Sherbiny:**
Former World #1 and
4x World Champion



Reasons

- **Egyptian Style (Creativity and Attitude)**
- **Role Models**
- **Former Champions/Coaches**
- **Availability (Private Clubs/Academies)**
- **Decline/Weakening of International Competition**



Reasons (cont.)

- Local Competitions
- Parents



Junior Development

- The Private Clubs and Academies: Blackball, Wadi Degla, Alexandria Sporting, Smouha and ElBorolossy
- The National Junior Tournaments and League



ElBorolossy Squash Academy

Technical Program

- The academy has created one of the first and most detailed technical squash curriculum/programs Worldwide
- The program consists of 6 progressive levels. Each level has its unique exercises. Level 1 is the beginners and level 6 is the competition team level.
- Players are tested and evaluated quarterly to advance from one level to the next level.
- Certificates are handed out to those who pass their evaluation tests on a collective evening to celebrate their success.

ElBorolossy Squash Academy Technical Program (cont.)

Level 2

Content

Holding the racket.

The backswing or racket preparation.

Position of the legs.

The swing and follow-through for both backhand and forehand.

Correct use of the wrist.

Hitting the ball with one step.

Hitting the ball with two steps from the T.

Hitting the ball with two steps from the back of the court.



ElBorolossy
Squash Academy

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technical program by
Hesham El Attar

ElBorolossy Squash Academy Technical Program (cont.)



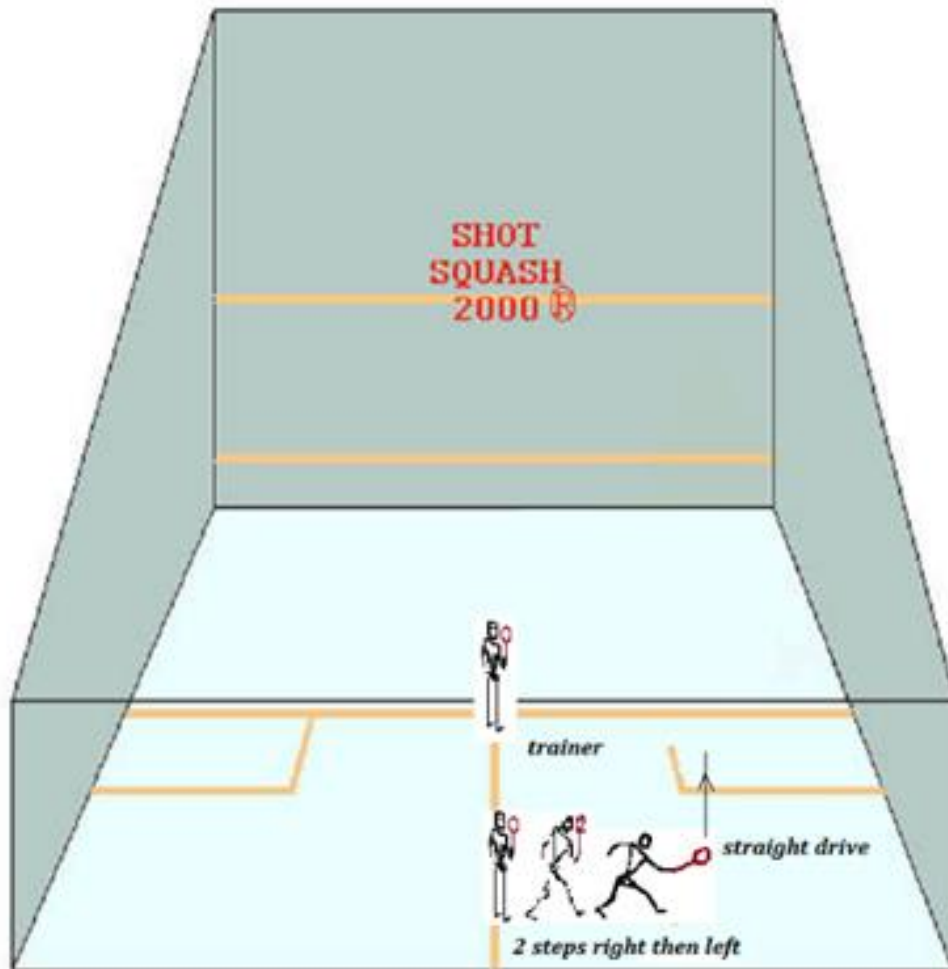
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ElBorolossy Squash Academy Technical Program (cont.)



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A large crowd of people is gathered at night for an event. In the background, three large pyramids are illuminated against a dark sky. The crowd is seated in bleachers, and a stage with a large screen is visible in the center. The text "Thank You" is overlaid in the center of the image.

Thank You